

THE *Fabulous* BABE

Welcome Packet

Private Coaching Program

Welcome to private coaching with The Fabulous Babe! I am thrilled that we get to spend the upcoming months together, creating your unique fabulous self, life, and dream.

In this packet, you will find helpful information for our calls, how to reach me between sessions, and how to get the most from our time together.

Scheduling Our Calls

- 👉 You will schedule your coaching calls at a time that is convenient for you. To schedule, just go to this [link](#) and follow the directions to set up your call.
- 👉 To ensure you can easily secure a time that works best for you, I recommend scheduling a week or two in advance, or scheduling a couple of sessions out.
- 👉 *First Class program only:* When it comes time to schedule your VIP Day, we will discuss the details then (no need to schedule online).

Call Info:

- 👉 For each of our calls, dial (425) 440-5100 OR if you are calling from outside the US, click [here](#) to find a local number.
- 👉 After you've dialed in, enter the pin 585942# when prompted to be connected to our call.



All calls will be recorded for you to keep, and I'll send you the recording within 24 hours of each call.

Preparation:

- ✍ In order to get the most from your coaching calls, please fill out your pre-coaching form and send it to me at least 24 hours prior to each call. This form helps me to support you as fully as possible on each call. You can type directly into it, save it, and email to me at samantha@thefabulousbabe.com.
- ✍ I am 100% committed to your success. At the same time, your results are ultimately up to you. The more you can commit to the program and incorporate the coaching into your life, the more dramatic results you can experience.
- ✍ Please communicate with me if there is anything that is working particularly well for you or if there is anything you would like changed in our program.

In Between Sessions:

- ✍ Your private coaching program includes email support between sessions. You may reach me with any questions that cannot wait until the next coaching call at samantha@thefabulousbabe.com.
- ✍ I will answer emails within 24 hours, Monday through Friday.
- ✍ Email support should be used for relatively quick questions and is not meant to replace coaching calls. If you are unsure if a question is appropriate for email rather than a coaching call, feel free to reach out and ask.

I am so thrilled to be setting out on this adventure with you!

To your fabulous life,

Samantha